

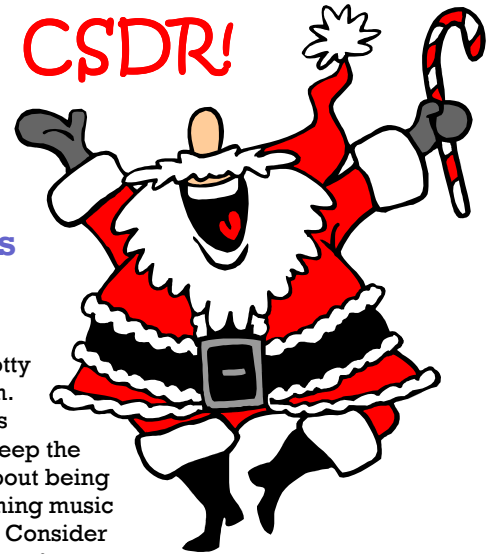


# CSDR NEWS

CHIHUAHUA & SMALL DOG RESCUE, INC.



## Happy Holidays from CSDR!



### A Happy, Healthy Holiday for Your Furry Pals By Jeanne Stroh

From the point of view of a dog, December is exciting, frightening and depressing. All kinds of new things happen. Strange and familiar people visit. His people bring home the most interesting things and make big messes with decorations and wrapping paper and ribbons. Periodically, the kitchen is full of delicious smells. Then, his people come home late because they stopped after work for a party or to shop. His people are too tired and stressed to take walks. He samples food and a variety of decorations and gets a tummy ache. The weather gets cold and snow (and sleet and freezing rain) make him want to stay indoors. We can do a lot to make the holidays happier and healthy for our pets if we take a little time to plan ahead.

If you are planning a holiday party, create a quiet place for your pet to retreat from the noise and confusion. Put her

favorite bed or a crate in a quiet bedroom. Cold weather is a hazard for any small dog, so putting the dog outside during the party is not a good option. Consider clearing the floor of a closet and leave the door open so that your pet can retreat to a quiet, dark place. Even the most social dog may feel the need to take a break. Less social dogs could be confined through the whole ordeal. In that case, remember to put food,

water, and a potty pad in the room.

Toys and chews can also help keep the dog happier about being confined. Calming music may also help. Consider providing some safe treats for your visitors to give the dog, and there will be less chance that someone will succumb to giving your dog foods it shouldn't have (not that your dogs beg of course). If you can't trust your friends not to give your dog treats or to set alcoholic beverages within reach of your dog, consider confining the dog in the quiet room. Be clear with friends and family what the dog can and can't have.

Where will you spend the holidays? There are only three choices: home, travel with your pet, or travel without your pet. If you plan to stay home, keep in mind the ideas from holiday parties above, espe-

cially if you will have visitors.

If you plan to travel with your pet, you'll need to plan on taking along food, dishes, leashes, beds or travel beds (which you may need to purchase before the trip), treats, toys, and Rescue Remedy or other calming aids. A first aid kit is a good idea as well. Both dog and people will be happier and safer if the dog travels in a crate. If your dog is on medication, make sure you have enough to last the entire trip. Take potty pads even if your

*(Continued on page 2)*



**My little dog, a heart-beat at my feet.**

—Edith Wharton

## Happy Healthy Holiday Continued

dog doesn't usually use them. It might save your parents' carpet. Make sure the dog has a collar with an up-to-date ID tag. Consider microchipping if you haven't already done so. Upload a more current picture with the microchip company. In addition, air travel requires a crate that meets airline specifications (they'll be happy to sell you one at their price if any are available, but get your own to avoid missing your plane). You must reserve a spot for your pet. Pets must have a health certificate and be up-to-date on shots. Check with the airline well in advance.

If you plan to travel without your pet, you'll need to make arrangements for your dog's care. If you're lucky, friends and family may be able to take in your baby while you're away. Other options are kennels and pet sitters. Most kennels provide adequate care. Ask friends and your trainer for recommendations for a kennel. Visit several well in advance and be sure to make reservations early to ensure a space for your pal. Kennels will require up-to-date shots. Pet sitters may stay in your home with your pet or may come one or more times a day to feed and let the dog out. You can find information and referrals at The National Association of Professional Pet Sitters (<http://www.petsitters.org/>) or Pet Sitters International (<http://www.petsit.com/>).

The holidays are full of haz-

ards for dogs and cats. Although holiday plants are not as toxic as once thought, it's best to keep plants out of reach. Consider putting a low barrier (puppy pens may work) around the tree to keep dogs away from presents and irresistible ornaments. If you aren't completely attached to a floor to ceiling tree, consider a smaller tree on a table. Tinsel and glass or plastic decorations can cause serious internal damage if a dog eats them. Human foods can also be a big problem. Dogs should never drink alcoholic beverages. Tasty treats like sausages, candy (especially chocolate), and raisins (watch the candy fruit) can be toxic or at least cause tummy upsets.

In the weeks leading up to the holidays, contact your vet and check on the availability of emergency services and hospitals over the holidays. Post the information near the house phone. Pick up a supply of calming aids like Rescue Remedy. I also use Bach's essence of Holly, which helps keep my dogs from fighting or at least keeps them from drawing blood if they do. See page 4 for more information. Pumpkin has anti-diarrheal properties, so keep a can on hand. Be sure to get the kind without spices.

Many people love to dress up their dogs, especially around the holidays. Make



sure outfits fit without binding. Always supervise a dog when it's wearing clothing or belled, elastic collars and leg cuffs. Dogs can try to escape and get tangled, even choke. Some dogs will chew on any part of the outfit it can reach. A swallowed bell could result in an emergency trip to the hospital. Consider dressing them up, taking pictures, and removing the outfits quickly.

Buying gifts for our pets can be irresistible. And why not? It is fun and the dogs usually enjoy them. Small dogs LOVE stuffed toys. Freeze dried meats make great low-fat treats. Rawhide, bully sticks, tendons will keep dogs busy and help relieve stress, especially if the weather is bad and they're not getting as much exercise. I cut up many of these items into 2-3 inch pieces. Avoid treats with jerky as these can cause tummy upsets, especially if your dog isn't used to them. Consider stocking up on some of these things and giving them to your dog throughout the holiday season.

Want to buy a gift for an

animal-loving friend? Consider books and subscriptions to animal related magazines. Gift certificates and gift cards are great ideas too. If you'd like to give a gift for your friend's dog, consider safe toys, low-fat freeze dried meats, and appropriately sized chews.

With a little planning and effort, the holidays can be fun and safe for your dogs as well as for the rest of the family. Take lots of pictures. You'll be glad in January. Spend some time with each pet every day. Not only will the pet be grateful, you'll benefit from taking a little calming time away from the holiday frenzy. **Have a safe, healthy and happy holiday everyone!!**

**A dog is not 'almost human,' and I know of no greater insult to the canine race than to describe it as such.**

—John Holmes

## New Fundraising Opportunity

**Chihuahua & Small Dog Rescue, Inc., will receive a portion of each sale to help with our little ones medical costs.**

- ◆ REDUCES SEPARATION ANXIETY
- ◆ STOPS OR DECREASES BARKING
- ◆ CONSOLES WHIMPERING PUPPIES
- ◆ COMFORTS SICK OR HURT DOGS
- ◆ SETTLES HYPERACTIVITY

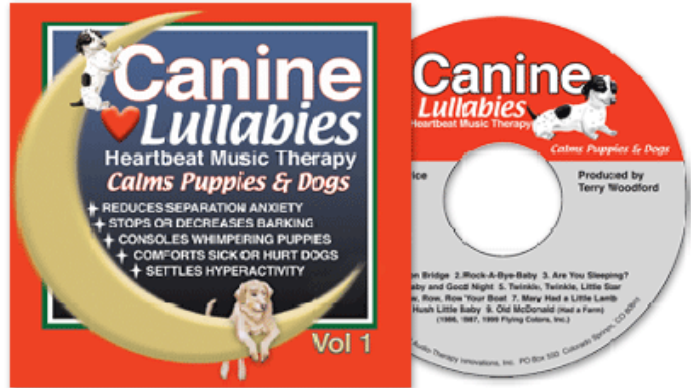
**Canine Lullabies CD Volume 1 - \$15.95 / each**

**Shipping Charges:**

- Add \$3.00 shipping for first item or \$5.00 for two items
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53 Monk Street  
Colorado Springs, CO 80911



*A collection of 9 lullabies, this anxiety-reducing recording when played at a low volume is guaranteed to help calm your dog or puppy. Plays over 28 minutes.*

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- Mary Had A Little Lamb**
- Hush Little Baby**
- Old McDonald (Had a Farm)**



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Unique & Unusual Gifts

Enter CSDR in the coupon box during checkout and receive 5% off PLUS I'll donate 10% to Chihuahua & Small Dog Rescue, Inc.!

Jeanne Stroh, proprietor

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Rescuing Little Ones Across Colorado

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CSDR News  
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Send letters to the editor to  
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Essence of Holly

Flower essences are highly diluted and amazingly powerful homeopathic remedies to improve emotions and state of mind. Bach flower essences set the standard. Essence of holly "encourages a more generous nature when you feel jealous, envious, vengeful or suspicious." It creates a more co-operative spirit. (I want a gallon

for work!)

Any large health food store carries Bach remedies. Put three drops in the water bowl each time you change the water.

Do not allow dogs to eat holly leaves as they are toxic.

Jeanne



Upcoming Events

December 15, 2007

Meet & Greet, Grand River Canyon Apartments

Come visit our little ones at Grand River Canyon Apartments. We will have many of our little ones there for you to meet. Other rescue groups will also be attending.

Grand River Canyon Apartments  
In the Club House  
7755 Kaleb Grove  
Colorado Springs, CO 80920  
11:00—4:00



Welcome to CSDR!!!

Lynn Helm

Polly Sneel

Helen Baker-Moon

Ami & Judy Hart



To sit with a dog on a hillside on a glorious afternoon is to be back in Eden, where doing nothing was not boring—it was peace.

—Milan Kundera

He is your friend, your partner, your defender, your dog. You are his life, his love, his leader. He will be yours, faithful and true, to the last beat of his heart. You owe it to him to be worthy of such devotion.

—Anonymous